

Featuring a guest author, Bruce Eisner, for this brain tips issue.

I signed up for his Mind Media Review blog or ezine because it was the most balanced resource I could find on the web.

Enjoy Bruce's insights, plus two great resources for realizing success and stress free productivity!

MIND MEDIA REVIEW No. 233
Two Keys to Your Ultimate Success
Edited by Bruce Eisner

Success is the realization and obtainment of a worthy goals in life that you are you find deeply connected to. Success is what we live for and the fundamental source of all our passions.

Some people are born into success while others spend much time and energy trying to find an always illusive answer.

Many products and techniques on web promise success. Our editors have done an extensive review and selected nine which they consider the most authentic and useful. None of these keys work for everyone but one of them might unlock your success door.

1) Pioneering Silva UltraMind Comes to the Web - Take a FREE Mind Training Course Online -Update

Why do some people almost always attain good health, success and personal breakthroughs even in less-than-ideal circumstances while the rest of us cannot?

Dr. Jose Silva started researching that question in the middle of the last century. After more than twenty years of studying hypnosis, mediation and psychology:

Silva found that 90% of the world's population were governed by the left hemisphere of their brain, limiting them to only using only logical, intellectual, objective means of problem resolution. Silva believed that by training people to think with both the right brain hemisphere as well as their left they could access a deeper wisdom within them.

In order to help people find a way to access both hemispheres of their brain, Dr. Silva in 1966, developed the Silva Method. [Continue reading and take the original Silva Course for free by visiting this link](#) .

2) Instant Download: Getting Things Done: The Art of Stress Free Productivity

David Allen Show You How to Get Your In-Box to Empty!

David Allen is a rising star of productivity consulting. He realized that in today's world of ever increasing information and communication, yesterday's methods for staying on top just don't work. "Time management" becomes useless the minute your schedule is interrupted; "prioritizing your to-dos" isn't relevant when your email is down; "procrastination solutions" won't help if your goals aren't clear.

David Allen's premise is simple: our ability to be productive is directly proportional to our ability to relax. Only when our minds are clear and our thoughts are organized can we achieve stress-free productivity and unleash our creative potential . . . [Continue reading and get your download here.](#)